

# Trinity News

July 4, 2010

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## 6<sup>th</sup> Sunday after Pentecost – Travelling Light

“Go on your way. See, I am sending you out like lambs in the midst of wolves. Carry no purse, no bag, no sandals, and greet no one on the road. Whatever house you enter, first say, ‘Peace to this house’” (Luke 10:3-5).

This is the prescription for those who go out as ‘labourers into the harvest! The ‘seventy’ or ‘seventy two’ (in other manuscripts) are mentioned only here in the Gospels.

They represent a wider number of the apostolic messengers of Christ. “Apostolic” echoes the Greek verb *apostello* which means ‘to send’. We may take this wider band as a model for all of us. They have to travel light and focus on their mission.

‘Travelling light’ and getting rid of excess baggage is part of our pilgrimage. There is also a focus of the will that is needed in any vocation, and especially in the spiritual vocations.

We need to discard the constantly replaying tapes chattering about past memories in our daily thoughts, and in our dreams. The ‘replay’ never ceases!

Our excess baggage comes from the past, and yet it weighs heavily on the present.

Carrying the cross of Christ is a heavy burden, and carrying heavy stuff from the past is also a real burden: it affects the present. The advantage of carrying the cross of Christ is that we don’t do it alone. As St. Paul says of our call from God: “At an acceptable time I have heard you. And on the day of salvation I have helped you” (II Corinthians 6:2). It is salvation now! It is freedom now!

Money, provisions and clothes are necessary for our daily life. The perspective here is to put these things in their proper place. That is, to set them aside for a moment so that we can focus on the task in hand. We may substitute many non-essentials as matters to be dropped permanently.

We gain great freedom when we stop trying to defend our own ego. We should live with integrity, decency and compassion and be less harsh on our failures and other people's failures. If we are harsh on our own 'shadow' matters, we will surely condemn them in others. "Any over-concern for sexual rules or purity codes are almost always repression or punishment of shadow issues, and of other people, and Jesus shows little interest there" (Richard Rohr).

On the contrary, the aim of our vocation is to bring "peace" to others. "Peace to this house" applies to those whom we visit, and to the 'spiritual house' of our own person.

Rohr speaks of 'cognitively rigid' people in his Church who delight in attacking people who do not fit with their presuppositions, especially about morals and due conduct. This is in fact the public view of us, when we are at our worst. It tends to hide the beautiful things that are done every day in the name of Christ. The call of Christ is to an integrated set of values that ennoble human life and bless all creatures.

Travel light, soften the memories and live by example, not by comparison. We are 'sent' to announce the "day of salvation."

+ Arthur Yap

**Your prayers are asked in our healing ministry for** Diana Croyston, JPeter, Beryl Tanner, Ron Thoburn, Suzanne Jacobson, Ron Jacob, Benjie Gonzales, Ema Duhaylongsod, Cena Quiapos, Ted Whale Loy Solasco, Bonnie SyCip, Fidelia Matthews, Augusto Natividad, Jovel Llagas, Carlyn-Fern Manning, Johnny Manning Jr, Carrie Angus, Emerinciana Gatela, Amy Gonzales, Janet Johnstone, Jaqueline Acquiatan, Richard Kendall, Susan Dalmas, Sunny Cabanang, Avelina Collado, Gloria Domingo, Katsi Araneta.

### Next week's readings:

Deuteronomy 30:9-14

Psalm 25

Colossians 1:1-14

Luke 10:25-37

### THIS WEEK:

July 6, Tuesday.

- Bible Study, 10am

- July 8, Thursday.

Eucharist, 9am

July 11, Sunday.

- Worship hours:

7:30/9:30

	Last Sunday	Year-to-date	Proportionate Budget	2010 Budget
<b>Pledge</b>	P19,100.00	P2,183,117.50	P1,950,000.00	P3,900,000.00
<b>Loose Plate</b>	P30,659.00	P491,126.10	P470,000.00	P940,000.00

The church's monthly **Sources & Uses** report is available for viewing in the Church Office. Please look for Maricel. For questions, feel free to email Edison at [edisonyap@gmail.com](mailto:edisonyap@gmail.com)

*This email was sent to update parishioners and interested individuals in the events and activities of the Church of the Holy Trinity, Makati. If you do not want to receive any emails from CHT, kindly inform us via email. Thank you.*